

Depression is the leading cause of disability worldwide. Do not allow yourself to struggle from this curable disease. Join Dr. Nedley, a leading physician in mental health treatment and research, as he walks you through the Depression and Anxiety Recovery Program. With this comprehensive program you will find the keys to a new life in just eight weeks. When you sign up for this program you will receive access to not only the 8-part DVD series, but also the workbook and additional reading materials which reinforce lessons from the DVD presentations and workbook exercises. Take advantage of this opportunity now and learn how you can overcome depression and anxiety, find motivation to help you achieve your goals, and achieve optimal mental health.

Tama Prahlow, Associate Director
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Call today and find out about our FREE Introductory Session!